```
<!doctype html>
<html lang="en">
<head><meta charset="utf-8"><meta name="viewport" content="width=device-width,
initial-scale=1.0"><meta name="x-apple-disable-message-reformatting">
        <title>HOW I DO IT | Osteo Science Foundation</title>
        <style type="text/css">body {
    margin: 0 !important;
    padding: 0 !important;
    background-color: #eef2f5;
    font-family: Arial, Helvetica, sans-serif;
   }

   table {
    border-collapse: collapse;
    border-spacing: 0;
   }

   img {
    border: 0;
    display: block;
    max-width: 100%;
    height: auto;
   }

   .container {
    width: 100%;
    max-width: 650px;
   }

   .mobile-padding {
    padding-left: 45px;
    padding-right: 45px;
   }

   @media screen and (max-width: 650px) {
    .container {
     width: 100% !important;
    }
```

```
    .mobile-padding {
      padding-left: 25px !important;
      padding-right: 25px !important;
    }

    .headline {
      font-size: 37px !important;
      line-height: 41px !important;
    }
  }
        </style>
</head>
<body style="cursor: auto;"><!-- PREHEADER -->
<div style="
  display:none;
  font-size:1px;
  color:#eef2f5;
  line-height:1px;
  max-height:0;
  max-width:0;
  opacity:0;
  overflow:hidden;
">Expert-led surgical videos created for OMS residents &amp;mdash; free and available when you need them.</div>

<table bgcolor="#eef2f5" border="0" cellpadding="0" cellspacing="0" role="presentation" width="100%">
        <tbody>
                <tr>
                        <td align="center" style="padding:30px 15px;"><!-- MAIN EMAIL -->
                        <table bgcolor="#ffffff" border="0" cellpadding="0" cellspacing="0" class="container" role="presentation" style="
        width:650px;
        max-width:650px;
        background:#ffffff;
        border-radius:10px;
        overflow:hidden;
```

```
 box-shadow:0 5px 22px rgba(0,39,77,.10);
" width="650"><!-- TOP BRAND BAR -->
                        <tbody>
                            <tr>
                                <td align="center" bgcolor="#00274d" style="
 background:#00274d;
 padding:14px 25px;
 color:#ffffff;
 font-family:Arial, Helvetica, sans-serif;
 font-size:13px;
 line-height:18px;
 font-weight:bold;
 letter-spacing:2px;
">OSTEO SCIENCE FOUNDATION</td>
                            </tr>
                            <!-- INTRO -->
                            <tr>
                                <td align="left" class="mobile-padding"
style="padding-top:40px;">
                                <div class="headline" style="
  color:#00274d;
  font-family:Arial, Helvetica, sans-serif;
  font-size:45px;
  line-height:49px;
  font-weight:800;
  letter-spacing:-1px;
 "><span style="font-family:Helvetica Neue,sans-serif;">Short Videos. <span
style="color:#f68a35;">Big Impact.</span></span></div>

                                <div style="
 margin-top:18px;
 color:#485e70;
 font-family:Arial, Helvetica, sans-serif;
 font-size:19px;
 line-height:29px;
"><span style="font-family:Helvetica Neue,sans-serif;">Need a quick refresher
before your next case? <strong style="color:#00274d;">HOW I DO IT</strong> puts
concise, expert-led surgical demonstrations right at your fingertips.</span></div>
```

```
                                        <div style="
        margin-top:13px;
        color:#485e70;
        font-family:Arial, Helvetica, sans-serif;
        font-size:17px;
        line-height:27px;
      ">Created specifically for Oral and Maxillofacial Surgery residents, each video delivers practical techniques and clinical pearls you can review in just minutes.</div>
                                        </td>
                                    </tr>
                                    <!-- SMALL ACCENT -->
                                    <tr>
                                        <td align="left" class="mobile-padding" style="padding-top:25px;">
                                        <div style="
        width:70px;
        height:5px;
        background:#f68a35;
        border-radius:3px;
      "> </div>
                                        </td>
                                    </tr>
                                    <!-- FLYER -->
                                    <tr>
                                        <td align="center" style="
          padding:34px 25px 0 25px;
        "><!--
      IMPORTANT:
      Replace the src below with the public URL generated by your
      email platform after uploading the supplied flyer PNG.
      --><a href="https://www.youtube.com/@osteosciencefoundation" style="text-decoration:none;"><img alt="" src="https://staticapp.icpsc.com/icp/resources/mogile/1902109/00cea6ad9ad11620698de9759323146d.png" style="width: 500px; height: 649px;" /></a></td>
                                    </tr>
                                    <!-- SUPPORTING COPY -->
                                    <tr>
```

<td align="center" class="mobile-padding" style="
padding-top:34px;
color:#00274d;
font-family:Arial, Helvetica, sans-serif;
">
<div style="
font-size:24px;
line-height:31px;
font-weight:bold;
">Your next surgical refresher is only minutes away.

<div style="
margin-top:12px;
color:#5a6e7e;
font-size:16px;
line-height:25px;
">Explore expert-led demonstrations, real-world surgical techniques and new educational content released regularly by Osteo Science Foundation.
</td>
</tr>
<!-- CTA -->
<tr>
<td align="center" style="padding:32px 25px 14px 25px;">
<table border="0" cellpadding="0" cellspacing="0" role="presentation">
<tbody>
<tr>
<td align="center" bgcolor="#f68a35" style="
background:#f68a35;
border-radius:40px;
">WATCH HOW I DO IT ▶ </td>

```
                                                    </tr>
                                                </tbody>
                                            </table>
                                            </td>
                                        </tr>
                                        <!-- TAGLINE -->
                                        <tr>
                                            <td align="center" class="mobile-padding"
style="
          padding-top:24px;
          padding-bottom:40px;
          font-family:Arial, Helvetica, sans-serif;
        ">
                                                <div style="
        color:#00274d;
        font-size:20px;
        line-height:27px;
        font-weight:bold;
       ">Smart training today. <span style="color:#f68a35;"> Better patient care tomorrow.
</span></div>
                                            </td>
                                        </tr>
                                        <!-- FOOTER -->
                                        <tr>
                                            <td align="center" bgcolor="#00274d" style="
          background:#00274d;
          padding:26px 35px;
          font-family:Arial, Helvetica, sans-serif;
        ">
                                                <div style="
        color:#ffffff;
        font-size:17px;
        line-height:22px;
        font-weight:bold;
       ">Osteo Science Foundation</div>

                                                <div style="
        margin-top:7px;
```

```
        color:#b9c8d5;
        font-size:13px;
        line-height:20px;
      ">Research &amp;nbsp;&amp;bull;&amp;nbsp; Education &amp;nbsp;&amp;bull;&amp;nbsp; Innovation</div>

                                                <div style="
        margin-top:12px;
        font-size:13px;
      "><a href="https://www.osteoscience.org" style="
          color:#f68a35;
          text-decoration:none;
          font-weight:bold;
        " target="_blank">www.osteoscience.org </a></div>
                                                </td>
                                        </tr>
                                    </tbody>
                                </table>
                                </td>
                        </tr>
                    </tbody>
</table>
</body>
</html>
```